

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Irish Chaplaincy In Britain	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Camden	
Contact person: Mr Eddie Gilmore	Position: CEO
Website: http://www.Irishchaplaincy.org.uk	
Legal status of organisation: Registered Charitable Incorporated	Charity, Charitable Incorporated Company or company number: 280742 - 1160365 (new)
When was your organisation established? 20/09/1957	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives Fewer older Londoners aged over 75 years with depression and more reporting improved well-being
Please describe the purpose of your funding request in one sentence. Recruitment of second full-time staff member in order to expand and develop our outreach work with elderly Irish in London; and to increase partnership working.
When will the funding be required? 01/02/2018
How much funding are you requesting? Year 1: £35,000 Year 2: £35,000 Year 3: £35,000 Total: £105,000

Aims of your organisation:

The Irish Chaplaincy provides high quality and culturally-sensitive services, support and advocacy to excluded, vulnerable and isolated Irish emigrants in Britain, which include prisoners and Travellers as well as Seniors.

We aim to walk alongside and offer hope to some of those people most on the margins of society; also to educate and raise awareness, and to do what we can to enable people to lift themselves out of cycles of poverty.

The Irish Chaplaincy Seniors? Project, ICSP, aims to provide pastoral outreach, advocacy and befriending to alleviate the loneliness, social exclusion, and cultural dislocation of older Irish people in London; and to bring increased emotional, spiritual and physical well-being. We also aim to work closely with other organisations doing similar work.

Main activities of your organisation:

Free support is offered to:

? Prisoners: A prison visiting, information and advocacy service for Irish prisoners in Britain and their families.

? Travellers: Visiting, advocacy and education to improve the situation of Travellers within the criminal justice system.

? Seniors: Pastoral outreach, advocacy and befriending to alleviate the social exclusion and loneliness of older Irish people.

ICSP offers: face to face visits; telephone support; liaison with family members and churches; the raising of concerns (including Safeguarding alerts) with Social Work and other agencies; the provision of spiritual support, including praying with those who request it; assisting people to organize (and get to) holidays back in Ireland; and funeral arrangements, including arranging for people to be buried in Ireland if that is their wish. ICSP is also able to assist with end-of-life care.

ICSP works closely with churches and other agencies, including collaboration with ICAP in the Hearth Project, a talking support service for older Irish people living in London?.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
7	2	7	18

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	2 Months' notice period

Summary of grant request

The Irish Chaplaincy began its ICSP in 2005 in order to reach out to the many people in London who had left Ireland long ago and were now facing the generic difficulties of old age, often compounded by difficult and traumatic experiences in their younger years and a feeling of distance from Ireland. Many of these people are living alone, and in material hardship, and they have often become cut off from their church communities and the wider community. Feelings of isolation and cultural disconnection can be pronounced at the end of life.

The 2011 Census results for London illustrate the growing needs that the ICSP seeks to address:

Older Irish in London (ages 50-84) are over-represented compared to all other ethnic groups in London, and from age 85 and over there are proportionately more white Irish men and women than in any other minority ethnic group. There are also higher levels of Limiting Long term Health Problems or Disability than in other ethnic groups, 23.9 %, along with White Gypsy or Irish Traveller at 25%. For all Londoners the figure is 14%. For people aged 65 plus in one person households, White Irish are ranked first among all ethnic groups, with 17.7% or 17,500 older Irish people in London living alone.

We have just commissioned a review of ICSP (with the contributions of the Seniors themselves a key part of this process) by a consultant, Sharon Tuppeny, who writes on page 3

"The review process has highlighted the continuing significant need within the Irish elderly community, a need that continues to increase for a variety of reasons. The review has also revealed a pronounced lack of provision in certain areas. It is clear that the ICSP does not have the resources to make the fullest contribution to meet these needs or meet the original brief of the Seniors Project as initiated in 2005."

We would like to expand the Project by the recruitment of a second full-time salaried post and several more volunteers, and we hope to increase the amount of elderly we support from 110 to 200 over the next three years.

The new support worker would be responsible for recruiting and training extra volunteers, and besides leading to more elderly Irish being supported it would free up the Manager to develop our partnership working in a variety of areas.

The work of the ICSP is well-regarded by churches and in the voluntary and statutory sector. We believe we have a unique role to play in supporting elderly Irish, including some of those with the most complex needs and in doing so in a way that is holistic, open-ended and which includes the possibility of spiritual support, amongst a multi-pronged approach. Indeed other Irish and non-Irish organisations often refer people to ICSP, in recognition of the particular kind of help that we are able to give.

One of our Seniors is Maimie who is 86 and who was struggling following the death of her husband in 2010. After much support, visiting and advocacy from the ICSP she is now far happier, she attends a day centre four times a week, and even manages to go on holidays back to Ireland, assisted by the ICSP. She said "I would have gone downhill without the Chaplaincy. Now I'm enjoying life again and getting out".

This is one of many examples of how the particular work of the Chaplaincy can lead to:

- ? older Londoners aged over 75 years living more active and healthier lives
- ? fewer older Londoners aged over 75 years with depression and more reporting improved well-being

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Irish Youth Foundation Quality Award December 2015

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Befriending and advocacy

Person-centred, holistic befriending, support and advocacy for elderly Irish people in London, many of whom suffer loneliness, isolation, and cultural dislocation; and are unable to access day services. We respond to individual needs to support the complex interplay between emotional well-being, and physical and mental health.

Telephone Casework

Telephone-based casework is provided by the Manager and two experienced office-based volunteers with expertise in mental health issues. Some of those supported in this way have been deemed 'too complex' by statutory and other voluntary bodies.

The Manager liaises with statutory bodies, and raises Safeguarding Alerts when appropriate.

Partnership working

With ICAP we will continue to collaborate on the successful 'Hearth' project, and will develop with them a dementia project. We hope to work with, among others, SVP (to identify elderly Irish in need support), and Hospital Discharge teams and Chaplains (successful discharge of elderly Irish).

Education/ Training

Work with 'Welcome me as I Am' to:

a) develop a training programme for staff in nursing homes with residents from Irish backgrounds in order to ensure that their cultural and spiritual needs are understood and addressed.

b) disseminate the 'Welcome me as I am' dementia toolkit

Education and Policy

Raise awareness at parliamentary level of the high levels of mental health difficulties in elderly members of the BAME population in London by organising, in partnership with 'Irish in Britain', an APPG in 2018 on the theme: 'Spirituality and Mental Health in the elderly BAME community'.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Improved emotional, mental and physical well-being amongst a vulnerable, and often neglected and hard to reach section of the elderly population of London; greater social inclusion.

Offering on-going culturally sensitive support, and providing a bridge where other providers have been unable to engage.

Improved mental health and reduced levels of depression and anxiety among older Irish.

Co-ordinating numerous statutory services involved with individuals with complex needs, when those services are failing to communicate with each other to the detriment of clients.

Ensuring individuals get access to the statutory services they require

Offering emotional support around issues of past abuse and trauma, referring on and facilitating the move to specialist support.

Being able to offer a specialist service for those with dementia.

Facilitating the effective discharge of elderly Irish from hospital back to their home, benefiting both individual and hospital.

Raised levels of awareness amongst nursing home staff and in church and other communities of the needs of elderly Irish, and around particular issues such as dementia.

Raising awareness at policy level of the importance of a person-centred, holistic and long-term approach in improving mental health, and of the important place that spirituality can play in the long-term well-being of elderly members of the BAME community.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, we are working with a fundraiser on a long-term fundraising strategy, to include: profile raising (via several means); increasing regular giving from Irish/Catholic communities; identifying and approaching potential benefactors in Irish community, and religious congregations.

We are also working closely with the Irish Bishops' Conference to launch a long-term fundraising campaign in Ireland for 'the forgotten Irish in London'.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

200

In which Greater London borough(s) or areas of London will your beneficiaries live?

Southwark (28%)

Camden (18%)

Islington (14%)

Lambeth (14%)

London-wide (26%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

White (Including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

61-70%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries	86,945	87,779	88,606	263,330
Office rent	4,160	4,326	4,499	12,985
Communications & Printing	4,680	4,680	4,680	14,040
Insurance, dues, audit, governance	4,168	4,168	4,168	12,504
Training	2,060	2,060	2,060	6,180
Travel	1,287	1,287	1,287	3,861
Clinical Supervision: Individual and Group	2,200	2,200	2,200	6,600
Client Hardship Fund	2,000	2,000	2,000	6,000
Impact Evaluation Consultancy	2,500	1,500	500	4,500

TOTAL:	110,000	110,000	110,000	330,000
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Irish Bishops, IECE	30,000	30,000	30,000	90,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	30,000	30,000	30,000	90,000
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Porticus UK	45,000	45,000	45,000	135,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	45,000	45,000	45,000	135,000
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Pastoral Outreach Support Worker salary	28,323	28,889	29,467	86,679
Contribution towards non-staff costs	6,677	6,111	5,533	18,321
	0	0	0	0

TOTAL:	35,000	35,000	35,000	105,000
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2017
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Income received from:	£
Voluntary income	0
Activities for generating funds	0
Investment income	1,352
Income from charitable activities	255,465
Other sources	0
Total Income:	256,817

Expenditure:	£
Charitable activities	301,848
Governance costs	0
Cost of generating funds	0
Other	0
Total Expenditure:	301,848
Net (deficit)/surplus:	(45,031)
Other Recognised Gains/(Losses):	0
Net Movement In Funds:	0

Asset position at year end	£
Fixed assets	78,965
Investments	
Net current assets	62,269
Long-term liabilities	0
*Total Assets (A):	141,234

Reserves at year end	£
Endowment funds	0
Restricted funds	(10,374)
Unrestricted funds	151,608
*Total Reserves (B):	141,234

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Irish Bishops, IECE	30,000	0	50,000
Porticus UK	0	50,000	0
Irish Youth Foundation	0	5,000	6,500
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Edward Gilmore**

Role within **CEO**
Organisation: